



# HOW DO SPIRITUAL ENERGIES AFFECT US? PART 1

Spiritual help educates us through tests and temptations and helps us when we deserve its help. Michael, Raphael and Uriel described me, how several different energies work and affect our lives.

**Jesus** brings love to earth and enlightens our souls and bodies. **Mary** is omnipresent in women's hearts and gives them inner strength and courage to change internally. **Mary Magdalene** sends emotional impulses into our hearts and helps us reestablish our energy balance, harmony and inner peace, and she also helps us in emotional distresses. **Maitreya** helps us find a way into our heart and supports us in critical moments of our lives. He sends us strength, that is needed to look inside and be able to eliminate all emotional blockages, which disturb our inner peace and self-confidence.

**Sanat Kumara** sends us all the love the world can accept, and purifies our hearts of all the burdens we carry with ourselves. **Buddha** shows us the right path and gives us that little part, which is needed to recognize ourselves as Divine beings. **Michael** is God's Caesar and gives us strength and courage in attaining every day changes and stands by our side when we're afraid of something. **Raphael** is a very courageous man and he supports us, when our will power has declined and offers us courage and support, when everybody has left us. **Gabriel** is a true admirer of beauty, he protects nature and directs us into trials when it's time for us to progress.

**Uriel** is God's right-hand man, he gives us strength to cope with changes we don't like, but are necessary for our development. **Azrael** protects our strength and our back when we're in danger. **Saint Joseph** offers us a support in difficult moments of our lives and loads us with karma, when this is necessary. **Ariel** protects our property from everything that is harmful and shows us the right way to material strength. **Metatron** is a God's disciple and offers us full support in our self-confidence and leads us towards the final goal without any big losses.

Try to find your inner power and God's image will be close to you, beautifying you on the path into yourselves. It will help you in difficult moments, when you need self-confidence to achieve inner changes and inner peace, which will free you from everything you don't want to have in your lives. Try to find the right path, which will hold you in shape and in inner balance.

**King Solomon** stands by your side when you need wisdom, which inspires you to change your mentality that hinders you from making inside decisions and changes, necessary for going on the correct path and reaching a certain goal.

**Try to be courageous spiritually as well and don't be afraid of changes, which you don't understand immediately. Inner power lies in changes that make you rich on your way of personal growth and give you the strength, when it's needed.**

**St. Germain** teaches us obedience and gives us strength for inner changes, which are needed to accept ourselves in God's image, to change and to put ourselves first in regaining our consciousness. **Koot Hoomi** helps us realize our inner courage and directs us on the right path. **Merlin** is an Ascended Master, who hands over his wisdom to the most courageous ones, who can follow him with an unconditional faith in themselves.

**Yogananda** is an Ascended Master, who shows us the way to our inner peace. He leaves you alone, so you can find the way yourselves, but if you don't succeed, he surprises you with his persistence and opens all the doors, which were closed until that moment. **Zadkiel** carries God's light and enlightens all the courageous people and brings changes into our lives, which lead us on the right path. A path of mind in connection with inner love, that brings us to richness of inner sensations of our love.

To be continued...

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