



HOW DO SPIRITUAL ENERGIES AFFECT US? PART 3

Energy of New age is currently composed of ten different galaxies, but it will continue to complement and upgrade. This energy is bringing prosperity, peace and love to Earth and its purpose is to establish a righteous system based on love.

Let's cleanse our emotions, because clear inner feelings give us the power of inner courage, which enriches us on the path of dealing with daily problems and opens the door of well-being and inner peace. As long as we suffer inside, we burden our essence, our soul and body and therefore we aren't able to accept inner decisions that lead our lives into the right direction. Our mind can hinder us if we don't use it conservatively in a sense of inner confidence that serves our well-being. Let's occupy it in a way, so it will work for our highest good, thus give it tasks that strengthen our inner peace. This means accepting ourselves as the highest ideal of society. Let us become aware of our inner strength as a foundation of our self-confidence. Let us accept ourselves in a God's image that opens all the doors of intellect and enriches us on our way towards inner strength and self-confidence.

Sai Baba sends his love into every home, where there is a desire for change, inner peace and harmonic relationships. **Christ** sends his love and supervises all the astral, mental and causal connections that restrict us, and he cuts the connections, which are essential for our evolution in all aspects of our lives. He also helps us at tasks we can't handle alone and we need help and support to change inside and in our essence. **Hillarion** directs us on the God's path and gives us shelter when we're afraid.

Hercules gives us strength to the Assumption of our potentials and offers us his shelter when we're disappointed and poor. **Mother Teresa** has risen high on the hierarchical ladder due to her honest humanitarian work and now she helps the poor to find the path to their hearts, gives them strength and courage to get back on their feet. In that way, she continues her mission. Above mentioned **Sanat Kumara** also protects the poor people and gives them strength to survive in the most difficult circumstances. When we're closing ourselves, the prosperity of good relationships shuts down as well. Anger and hate set us apart from God. They put us into more and more difficult situation, and at the same time attaining good relations becomes increasingly heavier. We close the doors ourselves, arrogance seduces us additionally, inner strength decreases and in the end we start to feel sorry for ourselves. So we should be the first ones in the row, when somebody needs our help, and we should find strength for own survival in charity work. Because we can open to inner beauty of life, only if we're beneficial, and that makes us happy on the outside also.

When we open ourselves to purity and love, we start to open to inner sense, which dissolves patterns that hold us back and get us away from our path. Inner sense makes us closer to the path of perceptions, which helps us realize about God's existence of our essence in every little part of our existence. **Krishna** protects us on our path of changing and perceptions for our highest good, supports us on the way into ourselves and directs our strength into moments of our lives that are essential for our evolution and self-realization.

Spiritual help always comes from spiritual world and we can't find it in old temples, sacred objects, etc., because the energy of those has faded a long time ago. Furthermore, spiritual gifts can't be found in old scriptures and sacred objects, such as the Holy Grail, Golden Fleece, etc., but they return to God after death and stay there until somebody else comes, who deserves them.

God has determined in sacred records before we were born, which spiritual gifts are meant for us in particular lives. They start to open up at the right time, when we have deserved it by working on ourselves and when we're able to use them correctly. The most powerful, above described **Angels, Gods, Masters**, etc., help us at using those gifts. Of course, they decide, when we deserve their help, and they help us on our subconscious levels. Thus, we can't receive their help when we wish to, but when they estimate that we deserve their help.

Therefore, we should always address our spiritual guidance to receive spiritual help on our level. We can access the spiritual energies, which God has determined for us in the records, with our thoughts to receive daily help, support and protection. These energies are quite high, so our thoughts usually can't reach them or they dilute if we want to access them by ourselves. But when somebody deserves their permanent help, God determines that in his/her spiritual records and enables him/her to receive their help.

So, we should work on ourselves, settle our physical lives – physicals steps should be followed by the spiritual and vice versa – and in that way we will establish balance and harmony in ourselves. Soon, we'll be surprised, how after having worked on ourselves we are getting increasingly higher spiritual help and eventually we can also achieve a state,

when these energies become a part of our spiritual guidance and start to direct us consciously.

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